



Stone Soup Ingredients

1 tablespoon butter or veggie oil
1 medium onion, chopped
2 cloves garlic, minced
2 celery ribs, trimmed, chopped
1 large carrot, cut into coins
3 medium red potatoes, diced
1 red bell pepper, chopped
1 medium zucchini, diced
1 medium yellow squash, diced
1 cup corn kernels
2 cups cooked alphabet pasta
1 can diced tomatoes
8 oz tomato sauce
6 cups chicken broth or veggie broth
1/2 teaspoon salt
1 teaspoon pepper
1 teaspoon Italian seasoning



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Stone Soup Instructions

1. Heat oil in a stockpot over medium high heat.
2. Add onions, celery, & carrots
3. Stir in potatoes, & bell pepper; saute 6-8 minutes
4. Add garlic and saute for 30 seconds; add broth
5. Heat to boiling
6. Add zucchini, squash, diced tomatoes and tomato sauce. Season to taste with salt and pepper and Italian seasonings. Let simmer for 15 to 20 minutes, until vegetables are fork tender.
7. Boil water and make pasta (add to soup for serving)
8. Sprinkle on cheese and parsley
9. Add a side of bread and enjoy!



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